# TRI-COUNTY HEALTH NETWORK

Position:Care CoordinatorSupervisor:Care Coordination SupervisorStatus:Full-Time, Exempt

#### JOB SUMMARY:

The Care Coordinator is responsible for increasing community and partner knowledge of Tri-County Health Network's (TCHNetwork) programs and services, building strategic relationships to identify and address barriers to good health, and conducting a variety of outreach activities. The Care Coordinator will also provide direct services to clients including (1) conducting both phone and inhome outreach and assessments for individuals enrolled in Medicaid; (2) performing in-home assessments and connecting adults age 60 and over and adults with disabilities to community resources; (3) providing diabetes and cardiovascular risk screenings and retests a variety of community locations; (5) identifying client barriers to health and connect clients to/enroll clients in relevant programs to promote health; and (4) facilitating Cooking Matters classes.

## **<u>DUTIES AND RESPONSIBILITIES</u>**: May include the following, and other duties as assigned.

- 1. Perform home-based options counseling and service assessment assistance that includes:
  - a. Identifying eligible community members in-need and accepting referrals from partner organizations
  - b. Contacting individuals referred to program to inform clients of potential services and schedule a time to meet with the community member in his/her home
  - c. Administering person-centered, comprehensive in-home assessments to determine client goals and needs, including but not limited to functional, environmental, and physical needs
  - d. Identifying programs and services that the client is eligible for and offering unbiased information, assistance, and referrals on available services and supports in the client's respective community
  - e. Assisting clients in completing service applications
  - f. Providing printed materials to clients on identified services/benefits
  - g. Following up with the client to ensure services are received and assess client satisfaction
  - h. Documenting all assessments, referrals, client contacts, and complaints in the required management information system accurately and within prescribed timeframes
  - i. Meeting assessment, reassessment and outreach goals as determined on an annual basis.
- 2. Provide indirect and direct care coordination to identified clients of Rocky Mountain Health Plan that includes:
  - a. Form trusting collaborative relationships with clients and partner organizations
  - b. Schedule and complete assessments, follow-up as needed, track results, referrals and recommendations in database
  - c. Meet with clients in public spaces or place of residence when appropriate to the clients' needs
  - d. Track and monitor referrals of clients for reporting as requested
  - e. Accurately document interactions in population health data system (ESSETTE) to include client visits, needed services, phone calls, written correspondence and communication in appropriate computer system within 2 business days
  - f. Work closely with community based organizations to complete care plans

- g. Connect with diverse client population, empathize, show compassion, perform assessments and develop and self-management plan in partnership with client and possibly other community partner agencies
- h. Coordinate care with providers, community partners and other patient navigators to provide outreach, referrals and support for Medicaid clients
- i. Complete documentation and reporting as required by program and supervisor
- j. Complete in-takes of high-risk patients, working in partnership with patient, family and other members of the healthcare team as needed to assess and prioritize patient's physical needs, mental well-being, family support system, financial resources and available community and government resources
- k. Co-create patient specific goals, objectives and measures that meet the patient's needs and that have been identified through assessment
- 1. Assist in the regular updating of a local Resource Guide that includes identifying available local and regional resources and verifying accuracy of information
- 3. Offer Heart Healthy screenings and evidenced-based trainings that includes:
  - a. Conduct cardiovascular risk screening/retest includes a blood pressure check, finger-stick cholesterol and glucose test, and completion of a computerized health risk assessment screener
  - b. Provide basic point of service counseling on medical and lifestyle recommendations (exercise program, dietary counseling, social service programs, etc.) for the reduction of cardiovascular disease risk factors
  - c. Utilize OSCAR & CiviCRM software to enter data, generate health recommendations, and track client interactions
  - d. Provide referrals for medical care or lifestyle changes for those considered "at-risk" for cardiac disease development through screening results
  - e. Conduct ongoing case management with those considered "at-risk" on a regular basis (inperson, by telephone, or email) using Motivational Interviewing techniques to encourage behavior change
  - f. Promote health equity and improve access to services by assisting in locating local medical providers and lifestyle programs that will work with "at-risk" clients for little or no charge for services
  - g. Meet screening, follow-up and retest goals set by program staff
  - h. Become trained as a diabetic retinopathy telescreener and perform biannual screens to diabetic patients of partner clinics
  - i. Become trained in Cooking Matters and offer a minimum of one 6-week course each year
- 4. Identify client barriers to health, educate clients on programs to promote health, and provide assistance to enroll clients in relevant programs (*e.g.*, SNAP, LEAP, New Eyes)
- 5. Assist in the development of a marketing/outreach plan and conduct outreach to ensure programs are reaching target populations
  - a. Identifying key events for TCHNetwork participation, coordinating participation through the use of an Event Planning Worksheet, and representing TCHNetwork at events
  - b. Participating in relevant councils, roundtables, and committees
  - c. Engaging in interagency collaboration and education regarding available regional

services and identifying gaps in services

- d. Distributing promotional flyers throughout community and tracking distribution
- e. Championing TCHNetwork as a community resource
- 6. Participate in required trainings, continuing education requirements (as applicable), and monthly program calls. Disseminate notes to program team
- 7. Document all efforts in assigned member tracking systems
- 8. Other duties as required to ensure the success of the program and TCHNetwork.

## **EDUCATIONAL AND EXPERIENCE REQUIREMENTS:**

A 4-year college degree OR 4 years of progressive related experience working with diverse populations, community or faith-based organizations, or in a healthcare setting.

## **SKILLS AND QUALIFICATIONS:**

- 1. Excellent verbal and culturally competent communication skills (in person, on the telephone, and through email correspondence)
- 2. Must have aptitude for computers and working with various software and be proficient in MS Word, MS Excel
- 3. Willingness to work flexible hours (some nights/weekends)
- 4. Strong public speaking and presentation skills
- 5. Valid driver's license with reliable transportation and car insurance with the ability to travel up to 90 miles to perform duties related to this position.

## PERSONAL ATTRIBUTES:

- 1. Must possess demonstrated ability to relate to individuals of varied ethnic, cultural backgrounds, ages and economic circumstances
- 2. Trusted member of the community and ability to make new and lasting connections
- 3. Ability to maintain client confidentiality
- 4. Ability to work in a fast-paced environment, remain calm under pressure, and be supportive of client needs
- 5. Advanced time management skills and ability to work independently
- 6. Strong work ethic, self-motivated, and collaborative style
- 7. Change agent demeanor; must be a flexible thinker, with an ability to quickly adapt to a changing environment
- 8. Ability to exercise forethought, to look ahead and anticipate events
- 9. Excellent critical thinking and consultative problem solving skills
- 10. Ability to receive and utilize constructive feedback

## PREFERRED QUALIFICATIONS:

- 1. Resident of the community for at least the past 2 years
- 2. Knowledge and experience working in healthcare and/or with clinical and social service agencies
- 3. Experience working with disadvantaged/underserved populations
- 4. Comfortable with "cold calling" members to offer Care Coordination and connect them to community-based services over the phone and in person if needed

#### **LOCATION:**

This field position is located in the West End of Montrose/West End of San Miguel counties.

#### **SALARY**

\$35,000-\$39,000 based on experience