

TRI-COUNTY HEALTH NETWORK

Position: Community Health Worker
Supervisor: Community Health Programs Manager
Status: Part-Time (20-32 hours), Non-Exempt

JOB SUMMARY:

The Community Health Worker is responsible for providing wellness screenings, offering evidence-based classes and increasing community and partner knowledge of Tri-County Health Network's (TCHNetwork) programs and services by participating in conducting a variety of outreach activities.

DUTIES AND RESPONSIBILITIES: *May include the following, and other duties as assigned.*

1. Offer wellness screenings and evidenced-based trainings that includes:
 - a. Conduct cardiovascular risk screening/retest includes a blood pressure check, finger-stick cholesterol and glucose test, and completion of a computerized health risk assessment screener.
 - b. Provide basic point of service counseling on medical and lifestyle recommendations (exercise program, dietary counseling, social service programs, etc.) for the reduction of cardiovascular disease risk factors.
 - c. Utilize OSCAR & Essette software to enter data, generate health recommendations, and track client interactions.
 - d. Provide referrals for medical care or lifestyle changes for those considered "at-risk" for cardiac disease development through screening results.
 - e. Conduct ongoing case management with those considered "at-risk" on a regular basis (in-person, by telephone, or email) using Motivational Interviewing techniques to encourage behavior change.
 - f. Promote health equity and improve access to services by assisting in locating local medical providers and lifestyle programs that will work with "at-risk" clients for little or no charge for services.
 - g. Meet screening, follow-up and retest goals set by program staff.
 - h. Become trained as a diabetic retinopathy telescreener and perform biannual screens to diabetic patients of partner clinics
 - i. Become trained in Cooking Matters and offer a minimum of two 6-week course each year
2. Participate in required trainings, continuing education requirements (as applicable), and monthly program calls. Disseminate notes to program team
3. Other duties as required to ensure the success of the program and TCHNetwork.

EDUCATIONAL AND EXPERIENCE REQUIREMENTS:

1. Bachelor's degree in social work, social/human services field, counseling or similar field. Combination of education and experience considered.
2. 2 years of progressive related experience working with diverse populations, community or faith-based organizations. Health care setting experience preferred.

SKILLS AND QUALIFICATIONS:

1. Excellent verbal and culturally competent communication skills (in person, on the telephone, and through email correspondence)

2. Must have aptitude for computers and working with various software and be proficient in MS Word, MS Excel
3. Willingness to work flexible hours (some nights/weekends)
4. Strong public speaking and presentation skills
5. Valid driver's license with reliable transportation and car insurance with the ability to travel up to 90 miles in inclement weather to perform duties related to this position.

PERSONAL ATTRIBUTES:

1. Must possess demonstrated ability to communicate effectively with individuals, families, advocated, and providers
2. Flexibility, poise, tact and the ability to develop a rapport with individuals of varied ethnic, cultural backgrounds, ages and economic circumstances
3. Trusted member of the community and ability to make new and lasting connections
4. Ability to advocate and be resourceful in connecting individuals to services and supports
5. Ability to maintain client confidentiality
6. Ability to demonstrate high tolerance for a fast-paced work environment, consistent follow-up and strict deadlines
7. Ability to remain calm under pressure, and be supportive of client needs
8. Advanced time management skills and ability to work independently
9. Strong work ethic, self-motivated, and collaborative style

PREFERRED QUALIFICATIONS:

1. Resident of the community for at least the past 2 years
2. Knowledge and experience working in healthcare and/or with clinical and social service agencies
3. Experience working with disadvantaged/underserved populations.
4. Comfortable with "cold calling" members to offer Care Coordination and connect them to community-based services over the phone and in person if needed.

LOCATION:

This field position is located within San Miguel County, mainly based in Telluride.