2014 Survey Results

OURAY COUNTY

Tri-County Health Network initiated a survey in Ouray County to:

- Identify the current health care issues and needs in the community
- Understand the differences across communities in Ouray, San Miguel, and the Westend of Montrose
- Develop a plan that targets resources and funding for the identified community needs

This is an area with

- **4,462** Residents
- Only about **25.3%** of adults report eating enough fruits and vegetables
- **18.5%** Uninsured rate
- **10.1%** Of the people live below the poverty level
- **4.4** Average number of days (in the past 30 days) experienced by adults of poor physical or mental health that kept them from doing usual activities*

OURAY IS DESIGNATED AS A MEDICALLY UNDERSERVED AREA
AND A HEALTH PROFESSIONAL SHORTAGE AREA

- **44%** of adults (aged 18+ years) lost a tooth due to decay or periodontal disease*
- **37.7%** Statewide of women smoked during the last three months of pregnancy
- **10.3%** Statewide average number of days

WHILE MANY IN THE SURVEY INDICATED HAVING INSURANCE, THE MAJOR FACTOR FOR NOT HAVING INSURANCE WAS THE COST.

* This is Colorado Health Indicators data from Region 10 which includes San Miguel, Ouray, Montrose, Delta, Gunnison and Hinsdale.
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KEY FINDINGS IN OURAY COUNTY

INDIVIDUAL CHALLENGES

• Access to specialists
• Access to adult dental care
• Finding health care providers who accept my insurance
• Access to primary care providers

COMMUNITY CHALLENGES

• Access to specialists
• Access to primary care providers
• Transportation
• Access to mental health services

COMMUNITY’S GREATEST BEHAVIORAL HEALTH RELATED NEED

• Substance use including alcohol
• Access to mental health services
• Smoking and tobacco use

BARRIERS TO CARE

• No resources to pay for the service
• Provider does not accept insurance
• Transportation/ health services too far away

WHAT IS NEEDED TO IMPROVE HEALTH IN THE COMMUNITY

• Job opportunities
• Access to specialists
• Wellness activities

“We need better infrastructure such as civic organizations to allow positive interactions in order to create a healthy community.”

NEXT STEPS

TCHNetwork is interested in establishing local work groups to develop a roadmap working towards identifying resources and funding for the needs identified above. These work groups will work collaboratively to develop a roadmap focused on identifying community solutions within the next six months. If you are interested in getting involved in this process, please contact Lynn Borup at info@tchnetwork.org

Tri-County Health Network is a nonprofit entity committed to improving the quality and coordination of health and healthcare services by increasing healthcare access and integrative health services at lower costs.