



UMC

UNCOMPAHGRE MEDICAL CENTER

Integrating Behavioral Health

Why You Should Care



1 IN 4

Have A Behavioral Health Condition

These conditions can be disruptive to your health, relationships, well-being, and daily life.



50%

In Primary Care

Half of behavioral health conditions are treated in primary care.



Integration Improves Outcomes

Integrating behavioral health into primary care improves depression, anxiety, and medical outcomes.



3RD

Common Cause

Depression is the 3rd most common cause for a visit to a health center.



5 DAYS

Per Week

UMC sees the benefits of integration daily. We have a behavioral health provider available to our patients and providers 5 days per week to improve our patients' overall wellbeing



Call to make an appointment
970-327-4233



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