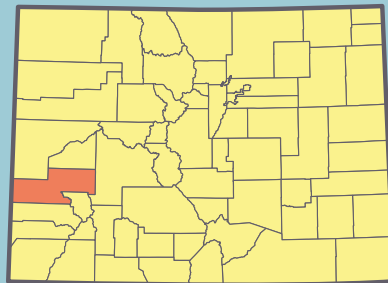
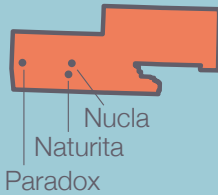


# WESTEND MONTROSE

Tri-County Health Network initiated a survey in the Westend of Montrose to:

- Identify the current health care issues and needs in the community
- Understand the differences across communities in Ouray, San Miguel, and the Westend of Montrose
- Develop a plan that targets resources and funding for the identified community needs

The Westend reflects the Nucla, Naturita, and Paradox region of Montrose County.



This is an area with

# 1,438

 Residents

# 8%

 Veterans

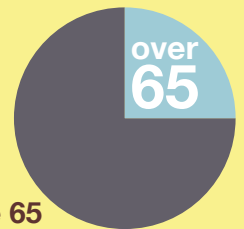
# 18%

Of the people



the poverty level

In the Westend of Montrose County, close to a quarter of the total households are comprised of persons over age 65 years. (US Census 2010)



## THE WESTEND OF MONTROSE IS DESIGNATED AS A MEDICALLY UNDERSERVED AREA AND A HEALTH PROFESSIONAL SHORTAGE AREA

The Westend of Montrose County is designated as a shortage area for dental providers.



The Colorado Health Indicators data set indicated that 21.2 percent of women often or always felt down, depressed, sad or hopeless since their baby was born, which is twice the state average.



# 21.2%

WHILE MANY IN THE SURVEY INDICATED HAVING INSURANCE, THE MAJOR FACTOR FOR NOT HAVING INSURANCE WAS THE COST.



# KEY FINDINGS IN THE WESTEND OF MONTROSE COUNTY

## INDIVIDUAL CHALLENGES



- Access to adult dental care
- Weight management
- Access to specialists
- Access to primary care providers

## COMMUNITY CHALLENGES



- Access to emergency services
- Access to specialists
- Access to home health/end of life services
- Access to substance use services

## COMMUNITY'S GREATEST BEHAVIORAL HEALTH RELATED NEED

- Substance use including alcohol
- Access to mental health services
- Domestic abuse / violence / violence against children

## BARRIERS TO CARE



- Transportation / Health services too far away
- There is a fear of confidentiality not being maintained
- No resources to pay for the service

## WHAT IS NEEDED TO IMPROVE HEALTH IN THE COMMUNITY



- More job opportunities
- Access to recreational facilities
- Access to specialty physicians

“One of the greatest barriers to achieving good health in the community is the lack of opportunities for healthy living practices and the lack of resources for wellness activities such as getting out and moving, organized recreation, and social activities.”

## NEXT STEPS

TCHNetwork is interested in establishing local work groups to develop a roadmap working towards identifying resources and funding for the needs identified above. These work groups will work collaboratively to develop a roadmap focused on identifying community solutions within the next six months. If you are interested in getting involved in this process, please contact Lynn Borup at [info@tchnetwork.org](mailto:info@tchnetwork.org)